Team USA Newsletter

May 2011

Hello Team USA athletes!

We hope each of you had a wonderful Memorial Day weekend! Since our last newsletter, USA Triathlon hosted the Duathlon National Championship in Tucson/Oro Valley, Arizona. It was a beautiful venue and a great day for racing. We are looking forward to another great event next year! The Aquathlon National Championship was also held on May 21 and qualified many deserving athletes for the Aquathlon World Championships.

Our Team USA Extremadura athletes represented the United States very well at the Cross Triathlon World Championship on April 30. Congratulations to all participants! To read the USA Triathlon press release about the event, click here.

Details have been announced regarding the 2011 Long Course Duathlon World Championship! The event will be held in Zofingen, Switzerland on September 4. Further details can be found below.

As always, stay tuned to the Team USA websites at www.teamusatriathlon.org and www.teamusaduathlon.org for the latest World Championship information. Let us know if you have any Team USA questions by sending an email to teamusa@usatriathlon.org.

"The difference between the impossible and the possible lies in a person's determination."
- Tommy Lasorda

Train Safe and Smart!

Team USA Department

2011 ITU Triathlon World Championship in Beijing, China

Yahoo Chat Group
If you have not yet joined, the Team USA Department has created a Yahoo Chat Group where Team USA Beijing athletes can go and chat with one another. Feel free to get to know your fellow teammates and ask as many questions as you wish. The Team USA department does not monitor questions from this group; we let the athletes mingle as they wish, so if there is a group question, please email us to ask us! Here is the group page:
http://groups.yahoo.com/group/TeamUSABeijing

Schedule of Events
ITU has released a preliminary schedule of events for Beijing! Please click the following link to view the most current schedule: http://www.usatriathlon.org/resources/for-athletes/team-usa/team-usa-beijing/itu-event-schedule

Course Maps/Course Info
Course maps for the Short Course (Olympic) Triathlon World Championship, Sprint Triathlon World Championship and Aquathlon World Championship can be found by clicking here: http://www.usatriathlon.org/resources/for-athletes/team-usa/team-usa-beijing/course-and-event-maps

Polk Majestic Travel Packages
If you are planning to purchase a travel package to Beijing, be sure to do so soon! USA Triathlon and Polk Majestic Travel have created Team USA travel packages for the 2011 ITU World Championships in Beijing, China. If you follow the link below you will be able to view the travel package options as well as book your travel today!

We highly encourage our Team USA members to book their travel through Polk Majestic as USAT works very closely with Polk to create these packages and this is how you can best interact with fellow Team Members and have the best access to the Team USA Support Staff.

The website has details on the team hotel, travel packages, obtaining a visa for China, information on traveling with your bicycle, extending your trip, and other tidbits to help make your experience easier. If you have questions about travel, please email Lisa Wilkinson from Polk Majestic Lisa@polkmajestic.com or call her at 303-967-2332.

http://guest.cvent.com/d/7dqtx6/1Q

Aquathlon World Championship Qualification
If anyone is interested in possibly competing in the 2011 ITU Aquathlon World Championship in Beijing, click here to find out how to qualify: http://www.usatriathlon.org/resources/about-events/team-usa-qualifying-events/2011-qualifying

As more information on race details are released from ITU, we will be posting this information here: http://www.usatriathlon.org/resources/for-athletes/team-usa/team-usa-beijing So check here often.

2011 ITU Standard Distance and Sprint Duathlon World Championships in Gijon, Spain

Schedule of Events
ITU has released a preliminary schedule of events for Gijon! Please click the following link to view the most current schedule: http://www.usatriathlon.org/resources/for-athletes/team-usa/team-usa-gijon/itu-event-schedule

Course Maps/Course Info
Course maps for the Standard Distance and Sprint Distance Duathlon World Championships can be found by clicking here: http://www.usatriathlon.org/resources/for-athletes/team-usa/team-usa-gijon/course-and-event-maps.

Race venue information and photos can be found here: http://www.usatriathlon.org/resources/for-athletes/team-usa/team-usa-gijon/race-information.

Polk Majestic Travel Packages
USA Triathlon and Polk Majestic Travel have put together Team USA travel packages for the 2011 ITU World Championships in Gijon, Spain. If you follow the link below you will be able to view the travel package options as well as book your travel today!

We highly encourage our Team USA members to book their travel through Polk Majestic as USAT works very closely with Polk to create these packages. This is how you can best interact with fellow Team Members and have the best access to the Team USA Support Staff.

The website has details on the three Team USA hotels, travel packages, getting to Gijon, information on traveling with your bicycle and other tidbits to help make your experience easier. If you have questions about travel, please email Lisa Wilkinson from Polk Majestic at Lisa@polkmajestic.com or call her at 303-967-2332.

http://guest.cvent.com/d/hdqyrm

Travel Message from Polk Majestic:
On Wednesday, September 21st, there will be a private air conditioned Team USA bus traveling from the Madrid Airport to Gijon. The bus will depart at 12 noon. Travel time is approximately 5 hours. Price for the trip is $125 per person, one-way. A separate luggage truck for bikes will follow the bus.

On Monday, September 26th, there will be a private air conditioned Team USA bus traveling from Gijon to the Madrid Airport. Departure time is yet to be determined. The bus will accommodate flights 10 a.m. and later, so departure time may be between 2-4 a.m. Travel time is approximately 5 hours. Price for the trip is $125 per person, one-way. A separate luggage truck for bikes will follow the bus.

For questions regarding the bus transfer between Madrid and Gijon, please contact Lisa Wilkinson from Polk Majestic at Lisa@polkmajestic.com or call her at 303-967-2332.

Madrid Airport Left Luggage
There is a Left Luggage at the Madrid airport. Make sure to look at the dimensions as most bike cases will not fit in the lockers. The cost of the Madrid Airport Left Luggage is approximately 5 Euros a day. There are lockers specifically designed to deposit large objects such as bicycles, surfboards, etc. In T4, the size of the large locker is 1.80m high, 44cm wide and 90cm deep. In T1, there are wide lockers with a size of 62cm high, 50cm wide and 92cm deep. There are also high lockers in T1 with a size of 1.35m high, 33cm wide and 82cm deep.

For questions about the Madrid Airport Left Luggage, please contact Lisa Wilkinson from Polk Majestic at Lisa@polkmajestic.com or call her at 303-967-2332.

Yahoo Chat Group
The Team USA Gijon Yahoo Chat group is available and waiting for you to join! To join and start chatting with fellow teammates, click here: http://groups.yahoo.com/group/TeamUSAGijon.

As more information on race details are released from ITU, we will be posting this information here: http://www.usatriathlon.org/resources/for-athletes/team-usa/team-usa-gijon.

2011 ITU Cross Triathlon World Championship in Extremadura, Spain

Team USA Extremadura
Congratulations again to all of our Team USA Extremadura athletes! Team USA had a strong showing with 8 podium winners and with Kristin Jo Markham finishing with the top overall female age-group performance. Great work, Team USA! Click here to read the USA Triathlon press release about the event.

Gold:

Kristin Jo Markham (Female 25-29, Tumwater, Wash.)
Kathy Hudson (Female 45-49, Highland Village, Texas)
Beverly Enslow (Female 50-54, Metamora, Ill.)
Brent Peacock (Male 50-54, Jackson, Wyo.)
Katherine Frank (Female 60-64, Santa Cruz, Calif.)

Silver:

Peter Lilley (Male 65-69, Charlotte, N.C.)

Bronze:

Sue Anne Clark (Female 35-39, Bryn Mawr, Pa.)
Annette MacNiven (Female 50-54, Wainscott, N.Y.)

2011 ITU Long Distance Triathlon World Championship in Las Vegas, Nevada

Travel Information
The USA host hotel is the Loews Lake Las Vegas. It is also the ITU host hotel. This hotel has unfortunately already sold out. The next closest hotel is the MonteLago Village Resort at Lake Las Vegas, located close to the start line. For travel details, visit http://www.usatriathlon.org/resources/for-athletes/team-usa/team-usa-las-vegas/travel-information. Please note that Polk Majestic is NOT putting travel packages together for this event since it is in the USA.

Packet Pick-up
When making your travel arrangements, please know that packet pickup will only be on Wednesday and Thursday before the race. This means you need to make sure you are in Las Vegas no later than Thursday early afternoon to get your packet. NO FRIDAY OR RACE DAY PACKET PICKUP WILL BE ALLOWED.

Course Maps
Course maps with elevation information are available by clicking here: http://www.usatriathlon.org/resources/for-athletes/team-usa/team-usa-las-vegas/course-and-event-maps. This is a VERY hilly course, so be sure to check them out!

Schedule of Events
ITU has released a tentative event schedule for the World Championship weekend. To view the schedule, click here: http://www.usatriathlon.org/resources/for-athletes/team-usa/team-usa-las-vegas/itu-event-schedule.

Qualifying Events
There is still one chance to qualify for Team USA and compete at the ITU World Championship in Las Vegas. Click here to view that information: http://www.usatriathlon.org/resources/about-events/team-usa-qualifying-events/2011-qualifying.

2011 ITU Long Course Duathlon World Championship in Zofingen, Switzerland

ITU Announces Long Course Duathlon World Championship
ITU has officially announced that the 2011 Long Course Duathlon World Championship will take place in Zofingen, Switzerland on September 4, 2011. Complete details on the event can be found on the Team USA Zofingen website: http://www.usatriathlon.org/resources/for-athletes/team-usa/team-usa-zofingen.

Travel Information
USA Triathlon is working with Polk Majestic Travel to put together travel packages for Team USA Zofingen. These packages should be ready very soon. Complete details on the travel packages will be emailed to Team USA Zofingen athletes and will be posted to the Team USA Zofingen Travel Information webpage: http://www.usatriathlon.org/resources/for-athletes/team-usa/team-usa-zofingen/travel-information.

Schedule of Events
ITU has released a tentative event schedule for the Long Course Duathlon World Championship. To view the schedule, click here: http://www.usatriathlon.org/resources/for-athletes/team-usa/team-usa-zofingen/itu-event-schedule.

Course Maps/Course Info
Course maps for the Long Course Duathlon World Championship can be found by clicking here: http://www.usatriathlon.org/resources/for-athletes/team-usa/team-usa-zofingen/course-and-event-maps.

Race and venue information can be found by clicking here: http://www.usatriathlon.org/resources/for-athletes/team-usa/team-usa-zofingen/race-information.

Additional News

Facebook
Come join USA Triathlon and Team USA on Facebook. Become a fan of Team USA, chat with team members, upload videos and photos and more! Click here to join.

Patches
There has been a slight delay with the 2010 Budapest and Edinburgh patches and all 2011 patches. The Team USA Department will be sure to include an update in the next Team USA Newsletter as we anticipate the patches to arrive soon. We apologize for the inconvenience!

2011 ITU Rules
The ITU Age Group Uniform Rules and Competition Rules have been updated for 2011. To view the ITU Age Group Uniform Rules, click here: http://www.triathlon.org/images/uploads/itusport_uniform-rules-age-group_2010-11-29_1.pdf. To view the ITU Competition Rules, click here: http://assets.teamusa.org/assets/documents/attached_file/filename/37196/itusport_competition-rules_2011.pdf.

Team USA Beanies

Team USA has created custom Team USA beanies/toboggan/winter hat for anyone who is interested. Beanies are $12 each (including shipping and handling). The beanies are one size fits all. If you are interested, email TeamUSA@usatriathlon.org for a beanie order form.

Train Safe and Smart!