

Team USA Newsletter

January 2012



Hello Team USA athletes!

Happy 2012 to all! We hope your winter has been mild enough to allow for some excellent off-season training! Hopefully your bike trainers and indoor workouts have been kind to you during those extra chilly days as well. Team USA had a stellar 2011 season with numerous podium finishes and great experiences. Nice work 2011 Team USA athletes!

USA Triathlon is getting in gear for what is shaping up to be a fantastic 2012 season. The currently released schedule of 2012 World Championships has many folks itching to dive into the season. We will be sure to keep you up to date with the latest ITU information on the Team USA website: www.teamusatriathlon.org. As always, feel free to contact the Team USA Department with any questions you might have at teamusa@usatriathlon.org.

"The five S's of sports training are: stamina, speed, strength, skill, and spirit; but the greatest of these is spirit." -Ken Doherty

Train Safe and Smart!

Team USA Department





2012 ITU Triathlon and Aquathlon World Championship in Auckland, New Zealand

Polk Majestic Travel Packages

Travel package registration is open for the 2012 Short Course Triathlon World Championships in Auckland, New Zealand. If you follow the link below you will be able to view the travel package options as well as book your travel today!

http://www.cvent.com/d/lcqjpx

We highly encourage our Team USA members to book their travel through Polk Majestic as USA Triathlon works very closely with Polk to create these packages and this is how you can best interact with fellow Team Members and have the best access to the Team USA Support Staff.







The Polk Majestic website has all the information you will need on hotels, travel packages, information on traveling with your bicycle, extending your trip and other tidbits to help make your experience easier. If you have questions about travel to Auckland, please contact Suzanne Rivers from Polk Majestic at Suzanner@polkmajestic.com.

Course Maps

Course maps for the Triathlon World Championship are now available here: http://www.usatriathlon.org/audience/team-usa/auckland/maps.aspx. Please note that these are subject to change. The Aquathlon course maps are coming soon.

Schedule of Events

The World Championship week schedule is now available here: http://www.usatriathlon.org/audience/team-usa/auckland/event-schedule.aspx. Please note that the schedule is subject to change.

Weather

Average weather information for Auckland in October can be found on the following webpage: http://www.usatriathlon.org/audience/team-usa/auckland/travel.aspx.

Team USA Uniforms

Team USA Auckland athletes should expect to receive an email from Team USA (teamusa@usatriathlon.org) sometime late summer regarding the password to the Team USA store. This is where you will purchase your uniform, along with other Team USA-specific items.

Entry Fee Payment

ITU will announce the entry fee amount for the World Championships in Auckland sometime in the summer of 2012. Team USA will send an email to all Team USA Auckland athletes once the entry fee amount is announced. Team USA will also send along instructions on how to pay the entry fee to USA Triathlon.

Aquathlon World Championship Qualification

If anyone is interested in competing in the 2012 ITU Aquathlon World Championship in Auckland, click here to find out how to qualify: http://www.usatriathlon.org/audience/team-usa/qualification.aspx.

As more information and race details are released from ITU, we will be posting information on the Team USA Auckland webpage: http://www.usatriathlon.org/audience/team-usa/auckland/contents.aspx. Be sure to check here often.





2012 ITU Standard Course Duathlon World Championship in Nancy, France

Qualification

The sole Team USA qualifying event for the 2012 ITU Standard Course Duathlon World Championship is the 2012 USAT Standard Distance Duathlon National Championship. This race is scheduled to take place on April 28th in Tucson/Oro Valley, Arizona. For more information on this race and to register, please go to www.duathlonnationals.com. We look forward to seeing you in Tucson!

Qualification for Team USA Nancy at the 2012 Duathlon National Championship will only occur in the Standard Distance Duathlon National Championship event. Complete details can be found here: http://www.usatriathlon.org/audience/team-usa/qualification.aspx.







Course Maps

The run course map and a few race details for the event in Nancy are now available and can be found on the following webpage: http://www.usatriathlon.org/audience/team-usa/nancy/maps.aspx. Please note that these are subject to change. The bike course map will be posted as soon as it is available.

Schedule of Events

A preliminary schedule of events is now posted to the following webpage: http://www.usatriathlon.org/audience/team-usa/nancy/event-schedule.aspx. Please note that the schedule is subject to change and will have additional details included at a later date.

Weather

Average weather information for Nancy in September can be found on the following webpage: http://www.usatriathlon.org/audience/team-usa/nancy/travel.aspx.

As more information and race details are released from ITU, we will be posting information on the Team USA Nancy webpage: http://www.usatriathlon.org/audience/team-usa/nancy/contents.aspx. Be sure to check here often.





2012 ITU Long Distance Triathlon World Championship in Vitoria, Spain

Polk Majestic Travel Packages

Travel package registration is open for the 2012 Long Course Triathlon World Championships in Vitoria, Spain. If you follow the link below you will be able to view the travel package options as well as book your travel today!

http://www.cvent.com/d/dcqmwl

We highly encourage our Team USA members to book their travel through Polk Majestic as USA Triathlon works very closely with Polk to create these packages and this is how you can best interact with fellow Team Members and have the best access to the Team USA Support Staff.

The Polk Majestic website has all the information you will need on hotels, travel packages, information on traveling with your bicycle, extending your trip and other tidbits to help make your experience easier. If you have questions about travel to Vitoria, please contact Katarina Stastny from Polk Majestic at Katarina@polkmajestic.com.

Entry Fee Payment

The local organizing committee in Spain has announced that they will use a tiered entry fee payment schedule for the World Championships in Vitoria. Athletes will have the opportunity to pay a discounted entry fee if they choose to pay at an earlier date. The remaining payment periods are the following:

Payment Period 2: Today - May 17, 2012: \$195.00

Payment Period 3: June 1, 2012 – July 9, 2012: 175 Euros (converted to US Dollars at a later date)

Any athlete that pays the entry fees early will not have the opportunity for an entry fee refund after the end of that payment period. At the end of each payment period, entry fees will be sent to ITU. If you pay during Payment Period 1, you will not be eligible for a refund after December 19, 2011. If you pay during Payment Period 2, you will not be eligible for a refund after May 17, 2012. If you pay during Payment Period 3, you will not be eligible for a refund after July 9, 2012. Refunds







requested in the appropriate time frame (within that payment period) will be subject to a \$25 administrative fee. Email <u>teamusa@usatriathlon.org</u> with any payment questions.

Weather

Average weather information for Vitoria in July can be found on the following webpage: http://www.usatriathlon.org/audience/team-usa/vitoria/travel.aspx.

Team USA Uniforms

Team USA Vitoria athletes should expect to receive an email from Team USA (teamusa@usatriathlon.org) sometime late spring regarding the password to the Team USA store. This is where you will purchase your uniform, along with other Team USA-specific items.

Qualification

There is still one additional chance to qualify for Team USA and compete at the ITU World Championship in Vitoria. Click here to view that information: http://www.usatriathlon.org/audience/team-usa/vitoria/qualification.aspx.

As more information and race details are released from ITU, we will be posting information on the Team USA Vitoria webpage: http://www.usatriathlon.org/audience/team-usa/vitoria/contents.aspx. Be sure to check here often.





2012 ITU Long Distance Duathlon World Championship in Zofingen, Switzerland

Qualification

The sole Team USA qualifier will be the 2012 Long Course Duathlon National Championship to be held in Cambridge, Maryland on June 3, 2012. The top 18 in each age group, rolling down to the 25th place will qualify. Complete qualification details can be found here: http://www.usatriathlon.org/audience/team-usa/qualification.aspx.

For more information on the Long Course Duathlon National Championship race and to register, visit http://www.usatriathlon.org/events/usat/2012/06/long-course-du-national-championship.aspx.

As more information and race details are released from ITU, we will be posting information on the Team USA Zofingen webpage: http://www.usatriathlon.org/audience/team-usa/zofingen/contents.aspx. Be sure to check here often.





Additional News

Team USA Forum

New for 2012 is the Team USA Forum. Using USA Triathlon's website, 2012 Team USA athletes have access to the Team USA forum where you can discuss your upcoming World Championship with your teammates. To access the forum and begin connecting with Team USA athletes, visit http://www.usatriathlon.org/community/forums/usa-triathlon/team-usa.aspx. Log in to the forum using your USA Triathlon membership username and password. If you have any issues logging in, please contact membership@usatriathlon.org. Happy posting!







Facebook

Come join USA Triathlon and Team USA on Facebook. Become a fan of Team USA, chat with team members, upload videos and photos and more! <u>Click here</u> to join.

Patches

If you are interested in ordering 2011 Team USA patches, please email the Team USA Department at teamusa@usatriathlon.org to request the order form.

Team USA Beanies

Team USA has custom Team USA beanies /toboggan /winter hat for anyone who is interested. Beanies are \$12 each (includes shipping and handling). The beanies are navy, one size fits all. If you are interested, email TeamUSA@usatriathlon.org for a beanie order form.



2012 Multisport Awards

Each year, USA Triathlon recognizes individuals who fueled the multisport lifestyle through the season. There are six categories, representing the Multisport Lifestyles: Volunteer of the Year Award, Jeff Jewell Spirit Award, Military Sport Award, Most Inspirational Comeback Award, Spirit of Multisport Award and the Lifetime Achievement Award. Nominations will be due in December 2012, so be thinking of individuals through this season that you would like to nominate!

MarkAllenOnline Elite Team

MarkAllenOnline is currently accepting triathlon resumes from US based athletes who would like to be part of this elite team for 2012. For complete details, visit the following webpage: http://markallenonline.com/teamcall.aspx.

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