

Team USA Newsletter

February 2013



Hello Team USA Athletes!

We hope January and February have been successful and productive training months. In just a short time spring will grace us with its presence, and we are busy preparing for the 2013 season here at USA Triathlon headquarters. Details are finalized for the 2013 World Championship events, and the 2014 schedule is in the works. ITU recently announced that the 2014 ITU Triathlon World Championships will be held in Edmonton, Canada.

We are forging ahead with planning for the 2013 World Championship season and we hope many of you are too. The travel packages for Belfort and London have been released and entry fee registration is under way. We also have upcoming qualification races for Long Course Duathlon, Short (Olympic) and Sprint Duathlon and Cross (off-road) Triathlon.

[Click here](#) for details regarding 2013 and 2014 World Championships and how to qualify.

Information regarding upcoming National Championships can be found at www.usatnationalevents.org.

As always, stay tuned to the Team USA websites at www.teamusatriathlon.org and www.teamusaduathlon.org for the latest World Championships and Team USA information. Let us know if you have any Team USA questions by sending an email to teamusa@usatriathlon.org.

“Ability is what you’re capable of doing. Motivation determines what you do. Attitude determines how well you do it.

-Lou Holtz

Train Safe and Smart!

Team USA Department



2013 ITU Short Course (Olympic) Triathlon, Sprint Triathlon, and Aquathlon World Championships in Hyde Park in London, England

Travel Packages, Event Travel Management

Registration is now open for the 2013 Short Course Triathlon World Championships in London, England. September is a busy month in London, so book now to get a head start on your travel plans.



Please click on the link below to see the travel package and book today. The website has all the information you will need on the team hotel, information on traveling with your bicycle, extending your trip and other tidbits to help make your experience easier. If you have questions about travel, please contact Suzanne Rivers from Event Travel Management at suzanne_rivers@eventsctmna.com or 303-386-8541.

London, England: <http://www.cvent.com/d/jcqdmm>

Bike Rental

Many of you have inquired about bike rentals. Currently there is not a preferred bike supplier, but the organizers hope to have one closer to the event (by May at the latest). If you do not want to wait there are various bike rental companies in London. One of them is <http://www.britishbikerehire.co.uk/britishbikerehire.aspx>.

Schedule of Events

The World Championship week schedule is available here: [Event Schedule](#)

Team USA Uniforms

Team USA London athletes should expect to receive an email from Team USA (teamusa@usatriathlon.org) in March regarding the password to the Team USA store. This is where you will purchase your uniform, along with other Team USA-specific items.

Additional News -- Please Read

Due to the 2013 World Championship London event schedule there are additional race opportunities for Team USA London. The events have been scheduled 48 hours apart allowing athletes to compete in multiple events.

ITU rules allow you to compete in multiple events in 2013, but that does not guarantee you a spot on another team. If you are interested in competing in multiple events please email your information by March 15 to TeamUSA@usatriathlon.org. Please include the event you are registered for and the event(s) in which you would also like to compete.

The rosters will be reviewed for open spots over the next few months. As spots within the age groups open we will add interested athletes based on their results from last season. If chosen you will be contacted with registration information.

Entry Fee Payment

The entry fees are broken down below. For those of you interested in competing in multiple events the race fees and discounts have been calculated for your convenience.

The Team USA registration site is open. You will receive a follow up email with the registration link, the deadline, and the cancellation policy. If you have not received the registration email by Friday, March 1 email Teamusa@usatriathlon.org. You will notice an additional \$30 fee for a Team USA event jacket, hat, parade shirt, pin, USAT staff support, medical support and the post-race party.

- Short Course (Olympic) Distance: \$320
- Sprint Distance: \$300
- Aquathlon: \$130
- Short Course (Olympic) Distance + Sprint Distance: \$470
- Short Course (Olympic) Distance + Aquathlon: \$365
- Sprint Distance + Aquathlon: \$350
- Short Course (Olympic) Distance + Sprint Distance + Aquathlon: \$515



As more information and race details are released from ITU, we will be posting information on the Team USA London webpage: <http://www.usatriathlon.org/audience/team-usa/london-2013/contents.aspx>. Be sure to check here often.



2013 ITU Long Course Triathlon World Championships in Belfort, France

Travel Packages, Event Travel Management

Don't miss your opportunity to register for the Long Course Belfort, France Team USA Package. Belfort is a small charming town and rooms are starting to fill up very fast. To register for the Team USA package, please visit the website at: <http://www.cvent.com/d/dcq3k5/1Q> or contact Katarina from Event Travel Management at 303-386-8507 or katarina_stastny@eventsctmna.com for any questions you may have. We would love to have you join Team USA for this great event!

Team USA Uniforms

Team USA Belfort athletes should expect to receive an email from Team USA (teamusa@usatriathlon.org) in March regarding the password to the Team USA store. This is where you will purchase your uniform, along with other Team USA-specific items.

Course Maps

Course maps and course distance are available here: [Course Maps](#)

**Note: The race distance is a 4 km swim, 120 km bike and 30 km run. This course distance is longer than the half iron-distance, which was the qualifying race distance. Be sure to consider this before registration and in your training over the next few months.

Schedule of Events

The World Championship schedule is available here: [Event Schedule](#)

Entry Fee Payment

The entry fee for this event is \$310.00. This fee includes a Team USA event jacket, hat, parade shirt, pin, USAT staff support, medical support and the post-race party. The registration link has been emailed to all Team USA Belfort athletes. If you have not received the registration email contact us at TeamUSA@usatriathlon.org.

As more information and race details are released from ITU, we will be posting information on the Team USA Belfort webpage: <http://www.usatriathlon.org/audience/team-usa/belfort-2013/contents.aspx>. Be sure to check here often.



2013 ITU Cross Triathlon (Off-Road) World Championships in Den Haag, Netherlands

Qualification

You can still qualify for the 2013 ITU Cross Triathlon (off-Road) World Championship. The final qualifying event is the 2013 Xterra West Championship in Henderson, Nevada on April 13, 2013. The top 33 percent in each age group automatically qualify.



Travel

Event location and hotel information can be found here: [Team Info Page](#)

Course Maps

Course maps for the Cross Triathlon World Championship are available here: [Course Maps](#)
Please note that these are subject to change.

Schedule of Events

A preliminary schedule of events is now posted to the following webpage: [Event Schedule](#)
Please note that the schedule is subject to change.

Team USA Uniforms

Team USA Den Haag athletes should expect to receive an email from Team USA (teamusa@usatriathlon.org) in March regarding the password to the Team USA store. This is where you will purchase your uniform, along with other Team USA specific items.

Entry Fee Payment

The entry fee for this event is \$160. The registration link will be emailed to all Team USA Den Haag athletes by May 1.

The entry fee for the World Championships includes an exclusive WC memento and free entry to the pasta party on Friday, the CUBE Beach criterium on Wednesday and the Sea swim on Thursday.

The entry fee also includes a Team USA event jacket, hat, parade shirt, pins, USAT staff support, medical support and the post-race party.

As more information and race details are released from ITU, we will be posting information on the Team USA Den Haag webpage: <http://www.usatriathlon.org/audience/team-usa/den-haag-2013/contents.aspx>. Be sure to check here often.



2013 ITU Short Course and Sprint Duathlon World Championships in Ottawa, Canada

Qualification

You can still qualify for the 2013 ITU Short Course and Sprint Duathlon World Championships events.
[Click here](#) to find out how.

Travel Packages, Event Travel Management

Travel package registration is open for the 2013 ITU Short Course and Sprint World Championships in Ottawa, Canada.
[Click here](#) for more information and to view the travel package options as well as book your travel today!

We highly encourage our Team USA members to book their travel through Event Travel Management as USA Triathlon works very closely with ETM to create these packages and this is how you can best interact with fellow team members and have the best access to the Team USA support staff.

The Event Travel Management website has all the information you will need on hotels, travel packages, information on traveling with your bicycle, extending your trip and other tidbits to help make your experience easier. If you have questions



about travel to Ottawa, please contact Katarina Stasny from Event Travel Management at katarina_stasny@eventsctmna.com.

Team USA Uniforms

Team USA Ottawa athletes should expect to receive an email from Team USA (teamusa@usatriathlon.org) in March regarding the password to the Team USA store. This is where you will purchase your uniform, along with other Team USA-specific items.

As more information and race details are released from ITU, we will be posting information on the Team USA Ottawa webpage: <http://www.usatriathlon.org/audience/team-usa/ottawa-2013/contents.aspx>. Be sure to check here often.



2013 ITU Long Course Duathlon World Championship in Zofingen, Switzerland

Qualification

The sole Team USA qualifier will be the 2013 Long Course Duathlon National Championships to be held in Enumclaw, Washington, on April 28. The top 18 in each age group, rolling down to the 25th place will qualify. Complete qualification details can be found here: <http://www.usatriathlon.org/audience/team-usa/zofingen-2013/qualification.aspx>.

For more information on the Long Course Duathlon National Championships race and to register, visit <http://www.usatriathlon.org/events/usat/2013/04/long-course-du-national-championship.aspx>.

Travel

[Click here](#) for travel details. This page will be updated when more information is released.

Course Maps

Course maps for the Long Course Duathlon World Championships are available here: [Course Maps](#)
Please note that these are subject to change.

Schedule of Events

A preliminary schedule of events is now posted to the following webpage: [Event Schedule](#)
Please note that the schedule is subject to change.

Team USA Uniforms

Team USA Zofingen athletes should expect to receive an email from Team USA (teamusa@usatriathlon.org) in March regarding the password to the Team USA store. This is where you will purchase your uniform, along with other Team USA-specific items.

As more information and race details are released from ITU, we will be posting information on the Team USA Zofingen webpage: <http://www.usatriathlon.org/audience/team-usa/zofingen-2013/contents.aspx>. Be sure to check here often.



Additional News

Team USA Beanies

Team USA beanies /toboggan /winter hats are now available to order online! Beanies are \$12 each (includes shipping and handling). The beanies are navy, one size fits all. If you are interested in placing an order, visit the Team USA Store via the following link: <https://store.usatriathlon.org/default.aspx> and use the password of **iamteamusa**.



Team USA Forum

Using USA Triathlon's website, 2013 Team USA athletes have access to the Team USA forum where you can discuss your upcoming World Championship with your teammates. To access the forum and begin connecting with Team USA athletes, visit <http://www.usatriathlon.org/community/forums/usa-triathlon/team-usa.aspx>. Log in to the forum using your USA Triathlon membership username and password. If you have any issues logging in, please contact membership@usatriathlon.org. Happy posting!

Facebook

Come join USA Triathlon and Team USA on Facebook. Become a fan of Team USA, chat with team members, upload videos and photos and more! [Click here](#) to join.

Train Safe and Smart!

